

SAINT EXPLORATION FORM

Name: _____ Date: _____ Grade: _____

Your name gives you identity; it tells others who you are. One of the traditional practices in the Church at the time of Confirmation is choosing a saint name to inspire us on our Christian journey.

This year, you will explore a few different saints who are connected to you in some way. Next year (8th grade), you will decide upon your Confirmation Name. Names of saints are chosen to serve as patrons and models for those being confirmed. Candidates should choose a patron saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life which that person led. It is important and necessary to learn something about a few saints before you decide.

Note: You must complete this activity even if you know which saint you will be choosing next year.

Helpful Resources:

Search online: Catholic Online Saints and Angels: www.catholic.org/saints

American Catholic (search by name, date or patronage): www.americancatholic.org

- 1) What is your baptismal name? _____
- 2) What Saint shares your name? _____
- 3) When is that Saint's feast day? _____ his/her birthday? _____
- 4) Name something the Saint is known for? _____
- 5) Name a virtue this Saint displayed in his/her life: _____

- 6) When is your birthday? _____
- 7) What Saint has your birthday as his/her feast day? _____
- 8) When and where did he/she live? _____
- 9) Name something the Saint is known for: _____
- 10) Name a virtue this Saint displayed in his/her life: _____
- 11) What country do your ancestors come from (choose one)? _____
- 12) Who is the patron saint of that country? _____
- 13) Why is this saint the patron of that country? _____
- 14) When is the Saint's feast day? _____ his/her birthday? _____
- 15) Name a virtue this Saint displayed in his/her life: _____

SAINT JOHN THE EVANGELIST CATECHESIS

16) Name one of your favorite activities or hobbies: _____

17) What Saint is the patron of it? _____

18) Why is this Saint the patron? _____

19) When is his/her feast day? _____ his/her birthday? _____

20) Name a virtue this Saint displayed in his/her life: _____

21) Name another Saint who interests you: _____

22) Why does this Saint interest you? _____

23) When and where did this Saint live? _____

24) When is his/her feast day? _____ his/her birthday? _____

25) Name a virtue this Saint displayed in his/her life: _____

If you cannot find a specific saint for your name, check to see if your name is a derivative of a saint's name, e.g., there is no Saint Ellen, but Ellen is derived from Helen. Saint Helen, the mother of Constantine the Great, found the True Cross and is the Patron Saint of archeologists.