

# Saint John the Evangelist Catechesis

## SAINT EXPLORATION FORM

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Grade: \_\_\_\_\_

Your name gives you identity; it tells others who you are. One of the traditional practices in the Church at the time of Confirmation is choosing a saint name to inspire us on our Christian journey.

This year, you will explore a few different saints who are connected to you in some way. Next year (8th grade), you will decide upon your Confirmation Name. Names of saints are chosen to serve as patrons and models for those being confirmed. Candidates should choose a patron saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life which that person led. It is important and necessary to learn something about a few saints before you decide.

*Note: You must complete this activity even if you know which saint you will be choosing next year.*

Helpful Resources:

Search online: Catholic Online Saints and Angels: [www.catholic.org/saints](http://www.catholic.org/saints)

American Catholic (search by name, date or patronage): [www.americancatholic.org](http://www.americancatholic.org)

- 1) What is your baptismal name? \_\_\_\_\_
- 2) What Saint shares your name? \_\_\_\_\_
- 3) When is that Saint's feast day? \_\_\_\_\_ his/her birthday? \_\_\_\_\_
- 4) Name something the Saint is known for? \_\_\_\_\_
- 5) Name a virtue this Saint displayed in his/her life: \_\_\_\_\_
  
- 6) When is your birthday? \_\_\_\_\_
- 7) What Saint has your birthday as his/her feast day? \_\_\_\_\_
- 8) When and where did he/she live? \_\_\_\_\_
- 9) Name something the Saint is known for: \_\_\_\_\_
- 10) Name a virtue this Saint displayed in his/her life: \_\_\_\_\_
- 11) What country do your ancestors come from (choose one)? \_\_\_\_\_
- 12) Who is the patron saint of that country? \_\_\_\_\_
- 13) Why is this saint the patron of that country? \_\_\_\_\_
- 14) When is the Saint's feast day? \_\_\_\_\_ his/her birthday? \_\_\_\_\_
- 15) Name a virtue this Saint displayed in his/her life: \_\_\_\_\_

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16) Name one of your favorite activities or hobbies: \_\_\_\_\_

17) What Saint is the patron of it? \_\_\_\_\_

18) Why is this Saint the patron? \_\_\_\_\_

19) When is his/her feast day? \_\_\_\_\_ his/her birthday? \_\_\_\_\_

20) Name a virtue this Saint displayed in his/her life: \_\_\_\_\_

21) Name another Saint who interests you: \_\_\_\_\_

22) Why does this Saint interest you? \_\_\_\_\_

23) When and where did this Saint live? \_\_\_\_\_

24) When is his/her feast day? \_\_\_\_\_ his/her birthday? \_\_\_\_\_

25) Name a virtue this Saint displayed in his/her life: \_\_\_\_\_

If you cannot find a specific saint for your name, check to see if your name is a derivative of a saint's name, e.g., there is no Saint Ellen, but Ellen is derived from Helen. Saint Helen, the mother of Constantine the Great, found the True Cross and is the Patron Saint of archeologists.

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## Confirmation Requirement:

### Stewardship (Spiritual and Corporal Works of Mercy)

Helping others is a foundational part of Catholic teaching. It is our obligation and our duty. Learning to be good stewards of the gifts that God has given us is essential to growing in our faith and relationship with God. We ask each Confirmation candidate to experience Liturgical and Service Stewardship in both Grade 7 and in Grade 8 through practicing the Corporal and Spiritual Works of Mercy within the home, Parish and Diocesan communities.

Because of this we have a stewardship requirement for Confirmation preparation. These are the requirements: at least 5+ Liturgical and at least 5+Service Hours to be completed in the Home, Parish and Diocese. Students may serve more than the 10 required hours for each grade level. **The number of hours is not the goal, it is the experience gained that we are striving for so please do not look at this as counting hours.**

There will be specific opportunities within Family Catechesis specifically for Liturgical & Service Stewardship: **December – Jesse Tree, Lent- Living Stations of the Cross, Easter and Christmas Cards for the Parish Home bound** just to name a few.

Some ideas of Liturgical Hours:

- ♥ family pilgrimage by visiting holy places to pray,
- ♥ praying rosary at home or while driving for the intentions of others (spiritual works of mercy),
- ♥ going to confession,
- ♥ attending Holy Mass during the week (outside Sunday's obligation),
- ♥ praying devotions like Divine Mercy chaplet at 3:00PM
- ♥ Making a visit in church for Eucharistic Adoration on Thursdays or anytime for 15mins/week
- ♥ Read the Sunday scripture readings at home before attending Holy Mass on Sunday

Some ideas of Services:

- ♥ seeking opportunities to do spiritual and corporal works of mercy- at home, parish
- ♥ Serve at Mass: Altar Server, Usher, Lector, sing in the Choir
- ♥ Attend a diocesan event that offers service to others
- ♥ writing a letter to comfort the homebound and or sick relative/friend
- ♥ and any other services that involve either corporal or spiritual

**There will be plenty of opportunities within our Parish and Catechesis Program to fulfill these requirements.**

Below are the lists of the Works of Mercy

#### Corporal Works of Mercy

#### Spiritual Works of Mercy

Feed the Hungry	Instruct the Ignorant
Give Water to the thirsty	Counsel the doubtful
Clothe the Naked	Admonish the sinners
Shelter the homeless	Bear wrongs patiently
Visit the sick	Forgive Offenses
Visit the imprisoned	Comfort the Afflicted
Bury the dead	Pray for the living and the dead

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## Saint John Catechesis Confirmation Requirement:

Stewardship Project Record Form Please complete a **Form for EACH Project.**

**Please circle: Liturgical or Service**

Candidate's Name and Grade: \_\_\_\_\_

Project Name or Description: (Who did it serve?) \_\_\_\_\_

Date/Time Spent: \_\_\_\_\_

What Corporal or Spiritual Work of Mercy inspired this service?

\_\_\_\_\_

Your reaction? (i.e How did it make you feel? Would you do it again? Did you learn anything about yourself and others?):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature of parent/guardian or person served as witness to the service hours earned:

\_\_\_\_\_